**Minister Wilma Folkes** 

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#### Introduction

Prayer is the "Building Block" of our lives. We cannot live a full prosperous Christian life without Prayer. Prayer helps to jumpstart our day and keep us through the day. It's a good idea to always start your day with Prayer. This Prayer Journal contains seven powerful and uplifting prayers that will encourage your heart. These prayers will get the attention of God. Always remember this; God hears you every time you pray. Not only does God hear your prayers, but He also answers them.

#### Isaiah 65:24

Before they call, I will answer, and while they are still speaking, I will hear.

## A Prayer for Strength

#### Psalm 29:11

The Lord give strength to his people; the Lord blesses his people with peace.

Heavenly Father, I come Oh God seeking your divine strength today. Father, I lay down every dead weight at your feet that is trying to pull me down. Father, this battle is too much for me, so I cast all my cares upon you. God, I thank you that you are my refuge, strength, and a present help in times of trouble. I thank you now for peace of mind and for comforting my troubled heart. God, I thank you for upholding me with your righteous right hand. God, you said that your grace is sufficient for me, and your power is made perfect in weakness.

So, Father I thank you for your grace and power that is at work right now in my life. I thank you that you are my strength, my shield, and my deliverer; and in you I will trust. Father God, I thank you for strengthening me and for blessing me with your peace.

In Jesus Mighty Name! Amen!

## Prayer of Gratitude And Thanksgiving

#### Psalm 106:1

Oh, give thanks to the LORD, for He is good! For His mercy endures forever.

Heavenly Father, we thank you this day; we bless and worship you. Father, you are the eternal self-existing God and there is none like you. Father, we thank you for giving us life; we acknowledge that without you we are nothing. Father, it is your breath that fills our lungs, so we cry out to you and say, 'Thank You God.'

We thank you Lord God for remembering us your children. We thank you for watching over us. We thank you for keeping us safe. We thank you for providing for us. We thank you Lord for protecting us. We thank you for blessing us. We thank you that you are our Jehovah Gibbor, the God that fights for us.

We thank you God, that you are our Jehovah Rapha, the God that heals us. We thank you that you are our Jehovah Shalom, the Lord our peace.

Father, we thank you for keeping our minds in perfect peace especially during these times of great turmoil and uncertainties

Thank you, Father, for making a way for us when there seems to be no way.

Thank you for making every crooked path in our lives straight, and for supplying all of our needs. you are the God that never changes; you are the same yesterday, today, and forevermore. We thank you that what concerns us, also concerns you. We bless your name Father, and we give you praise. We worship and adore you. Let your Glory fill our hearts. Let your Glory fill our lives. Let your Glory fill the earth and bring peace to the nations as we worship you!

Father, Thank You! Thank You! Thank You! In Jesus Mighty Name! Amen



## **Healing of our Land**

#### 2 Chronicles 7:14

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

Heavenly Father, we thank you! We thank you for your Love, your Mercy, and your Grace. Father we pray today for our land. God, you already see and know what is happening in the earth realm right now because nothing catches you by surprise and nothing is hidden from your eyes. Father you see the desolation in the earth right now. You see all the loss and loneliness. Father, our land needs a healing touch from you.

Father, you said in your Word that if we humble ourselves and pray and seek your face and turn from our wicked ways, then you will hear from Heaven, forgive our sins and Heal our Land. Father, I ask you in the name of Jesus to heal our Land Oh God!

Father, as we humble ourselves before you and seek your face, we ask for your forgiveness.

Forgive us our sins Almighty God. Your word says if we confess our sins, you are faithful and just to forgive us and cleanse us from all unrighteousness.

Father, forgive us for not praying as often as we should. Forgive us for not reading and mediating on your Word the way we should. Father, forgive us for not making you the most important person in our lives. Forgive us O God, for turning our backs on you. Forgive us for having drifted away from you. Forgive us for having left our first love which is you Almighty God.

Forgive us for every sin we have committed, known and unknow to us O God. Father we repent, please forgive us. Cleanse and purify our hearts we pray. We need you Father. We need you like never before. We your people need you and our land needs you.

Manifest your Glory and your Power O God! May your Glory and Power cover the earth.

Heal our land Oh God as we call upon your Name. Heal our land O God as we turn from our wicked ways. Heal our land O God as we seek your Holy Face.

Father as we humble ourselves before you incline your ears and hear our prayers I pray. Father, this land, and we your people, who are called by your Name needs a healing touch from you, act speedily O God and without delay.

Be Glorified Almighty God. We bless your name, and we say thank you! Thank you for hearing our prayers and thank you for answering us. In Jesus Mighty Name I pray. Amen!



# God's Amazing Love

#### PSALM 34:19

Many are the afflictions of the righteous, but the Lord deliver him out of them all.

In this life you will experience problems, difficulties, sickness, sufferings, but whatever it is that you are experiencing always remember that you are never alone. You will never be defeated because God is on your side. He is there for you and He will bring you through every situation.

Heavenly Father I thank you God. I thank you for your Love, Grace, and Mercies.

Thank you, Lord Jesus, for loving us so much that even while we were still sinners you endured the cross for us. Jesus, we celebrate you God!

We Celebrate you for your finished work on the Cross. We Celebrate you for taking away our sins. We Celebrate you because you are our Healer. We Celebrate you because you are the God that Restores.

We Celebrate you because you are our Comforter. We Celebrate you and Worship you because You are our Risen King.

Hear the Prayers of your people as we call upon your Name Oh God!

Hear the Prayers of your people as we call upon your Name Oh God!

Father, I thank you for delivering us out of all our afflictions.

Father, I thank you that you will never leave us or forsake us, because you are always near to us your children.

Father, I thank you that what concerns us, also concerns you.

Father, I thank you that when the enemy comes in like a flood the Spirit of the Lord will raise up a standard against him.

Father, open wide the Flood Gates of Heaven and let Your Healing Rain fall on us and bring Healing, Wholeness, Restoration, and Blessings to every area of our lives.

Father, we Honor You and we Bless You! We bow before your Holiness and declare that you alone are God. Thank you for hearing our Prayers and thank you for answering. In Jesus Mighty Name! Amen!

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### Prayer for the Healing of the Body

#### Matthew 15:29-31

Jesus departed from there, skirted the Sea of Galilee, and went up on the mountain and sat down there. Then great multitudes came to Him, having with them the lame, blind, mute, maimed, and many others; and they laid them down at Jesus' feet, and He healed them. So the multitude marveled when they saw the mute speaking, the maimed made whole, the lame walking, and the blind seeing; and they glorified the God of Israel.

May the Power of God reach you wherever you are. May the Healing Hands of Jehovah Rapha, the God who Heals touch you right now from the crown of your head to the soles of your feet. I decree and I declare that sickness and disease is not your portion. Divine Health is your Heritage. Divine Health is your Promise.

The Word says in 3 John 1:2

" Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers"

1 Peter 2:24 says, that by the Stripes of Jesus "We were Healed". Isaiah 53:5 also says "By His stripes "We Are Healed!" Psalm 107:20 says "He sent his word and healed them and delivered them from their destruction".

Father, I send your Word to all those who needs a healing touch from you right now. Your Word is powerful, and it will not return to you void. It will accomplish that which it was sent to do, and it will flourish in those things. Father may your Word reach and touch all those who need a healing touch from you. Father touch and heal everyone as they meditate on your Word.

I take authority over every sickness and disease, and I command sickness and disease to leave NOW! In the Mighty Name of Jesus!

Father, we choose to believe your Word because your Word is Truth, and Power. I thank you Father for Healing all those who call upon your Holy Name.

By Faith we believe, and by Faith we receive. Glorify your Name O God, so that the World will know that you are still the Healer! In Jesus Name I Pray. Amen!

## A Prayer of Blessings

#### PROVERBS 10:22

The blessing of the Lord makes rich, and he adds no sorrow with it.

Did you know that the Blessing of the Lord is God's original plan for your life? God doesn't want you to live in lack, or to be sick and lonely. God wants to Bless you abundantly, in every area of your life.

I Pray the Favor of God will rest upon your life. May the Blessings of the Lord be your portion today! May the Blessings of the Lord overtake you today! May you walk in Divine Favor, Divine Health, and Divine Peace! May your life never be the same again because God has Favored you! I decree and declare that you are Blessed!

I decree and I declare that your family is Blessed! Whatever you put your hands to do will be Blessed! God, I thank you that with Blessings we are Blessed, and with multiplication we will multiply!

God, I thank you that you are our shield and our exceedingly great reward. Thank you God, for favoring us, and for blessing us! In Jesus Mighty Name! Amen!

## **Prayer For the Mind**

#### Isaiah 26:3 ESV

You keep him in perfect peace whose mind is stayed on you, because he trusts in you.

Thank you, Lord, for creating me. I know your hand is upon my life. You created my inner-most being, you knit me together in my mother's womb and I praise you, for I am fearfully and wonderfully made. I thank you that you came that I may have life and have it more abundantly and lacking nothing. You came so that I can have peace, joy, hope and so much more! I speak peace to my mind. May your joy overtake my mind daily.

Father, allow my mind to come into alignment with your plans for my life. God, I am asking, in the name of Jesus that you would help me to take captive every thought that I have. I demolish all negative thoughts, wondering thoughts, and wandering thoughts that serves me no purpose. I command my mind to think on things that are true, honest, lovely, just, and pure.

Father, I come against the enemy's defeating thoughts, lies, and schemes. I cancel them NOW, in the Name of Jesus! Father, I come against my own thoughts that try to convince me that I can't, thoughts that I am not good enough, and thoughts that make me doubt the truth of who you are and who you have called me to be.

Today, I put on the helmet of salvation and cover my mind with your truth!

I choose to keep my mind on you Jesus, for I know that you will keep my mind in perfect peace as it is stayed on you! I decree and declare, that the devil is defeated and God reigns in my mind, and over my mind!

From this day forward, I will trust in the Lord with all my heart, soul, and mind. I declare that I am alert in my mind, my memory is sharp, and I have great ideas! I declare that I am victorious in my mind. I think blessings and they manifest. I think of the Glory of God in my life, and it manifests for me daily.

Thank you Lord, that I am now mature in all my thoughts. Jesus Lord, I ask that you give me wisdom as I keep my mind focused on you. My mind and my heart is yours. Thank you Lord, for touching and restoring my mind. In Jesus name I pray, amen.

Joshua 1:8 (NASB Version)

This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will achieve success.

God loves it when we speak to Him. Practice speaking to God daily and wait for His answer. Never be in a hurry to get out of His presence because what God has to say to you will change your life forever. Prayer should never become an option. Prayer must become a lifestyle.

Stay plugged-in to God. Talk to Him daily. Tell the Lord what is on your heart and how you are feeling. Tell Him what is troubling you or causing you pain. God is Omniscient, meaning He is all knowing. He knows exactly what you are going through or what you will go through. Nothing catches Him by surprise.

Even though He already knows, you are still required to tell Him. Commune with your Heavenly Father, have a conversation with Him. Read the Word of God daily and write down everything that comes into your mind or spirit. Ask the Holly Spirit to help you to understand what you are reading.

Use the blank pages at the back of this Prayer Journal to record your thoughts or anything that the Lord may have communicated to you. You must meditate on the Word of God day and night to strengthen your Christian life and your daily walk with God. This Christian life is a journey. Be encouraged in the Lord!

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